VICTORY CHRISTIAN ACADEMY

Fresh Connection MCFI NUTRITION SERVICES

September 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
No School	Orange Chicken Whole Grain Brown Rice Baby Carrots with Ranch Seasonal Lunch Fruit Choice of Milk	Beef Nachos with Cheese, Shredded Lettuce and Tortilla Chips Taco Sauce Fiesta Beans Seasonal Lunch Fruit Choice of Milk	6 Kid's Classic Cheese Calzone with Marinara Dipping Sauce Romaine Salad with Ranch Dressing Seasonal Lunch Fruit Choice of Milk	7 Shredded BBQ Turkey Sandwich On a Whole Grain Bun Steamed Green Beans Seasonal Lunch Fruit Choice of Milk
Brunch for Lunch Chicken Sausage Patty, Egg and Cheese Breakfast Sandwich on a Whole Grain Biscuit Grape Jelly Sunset Sip Vegetable Juice Seasonal Lunch Fruit Choice of Milk	Chicken Fajitas on a Whole Grain Tortillas Taco Sauce Refried Beans Seasonal Lunch Fruit Choice of Milk	Swedish Meatballs Whole Grain Pasta Crunchy Broccoli with Ranch Seasonal Lunch Fruit Choice of Milk	Kid's Classic Breaded Chicken Patty Sandwich on a Whole Grain Bun with Ketchup Steamed Carrots Seasonal Lunch Fruit Choice of Milk	Baked BBQ Chicken Leg Whole Grain Cornbread Steamed Corn Seasonal Lunch Fruit Choice of Milk
Homemade Chili with Cheese Whole Grain Noodles WG Cheddar Goldfish Seasonal Lunch Fruit Choice of Milk	Cheeseburger on a Whole Grain Bun with Ketchup Baked Beans Seasonal Lunch Fruit Choice of Milk	Chef's Salad with Romaine Lettuce, Turkey Ham, Cheese and Ranch Dressing and Whole Grain Breadstick Assorted Graham Cracker Seasonal Lunch Fruit Choice of Milk	Kid's Classic Whole Grain Chicken Nuggets with BBQ Sauce and Assorted Graham Crackers Steamed Corn Seasonal Lunch Fruit Choice of Milk	WG Cheese Pizza Sticks with Marinara Dipping Sauce Baby Carrots with Ranch Seasonal Lunch Fruit Choice Of Milk Rice Krispies Treat
Whole Grain Chicken Breast Fillet with BBQ Assorted Graham Cracker Baked Beans Seasonal Lunch Fruit Choice of Milk	25 Meatball Sub with Mozzarella Cheese on a Whole Grain Bun Baby Carrots with Ranch Seasonal Lunch Fruit Choice of Milk	26 Homemade Meatloaf Whole Grain Dinner Roll with Margarine Assorted Graham Crackers Mashed Potatoes Seasonal Lunch Fruit Choice of Milk	Kid's Classic Asian-Glazed Boneless Chicken Wings Pretzel Goldfish Crackers Romaine Salad with Ranch Seasonal Lunch Fruit Choice of Milk	No School

MILK FOR SCHOOL: LOW FAT WHITE SKIM CHOCOLATE

This institution is an equal opportunity provider.

MENU SUBJECT TO CHANGE